

ARISE HEALTH INSURANCE REMOTE SCREENING PROCESS

OVERVIEW

All State of Wisconsin employees, annuitants, spouses and dependents over 18 insured by Arise Health Plan may use the “Remote Screening” option provided by our third party Health Management partner, HealthFitness. We encourage you to take advantage of this opportunity to learn more about your current health status. Please read below for important steps to take leading up to your appointment.

PARTICIPANT STEPS

STEP ONE: FINDING A LAB NEAR YOU

Complete the Remote Screening Request Form (page 2 of this document) and fax to 1-866-698-9924 or E-mail to customerservice@hfit.com. Within **one week** of receiving your request, a HealthFitness Customer Service Representative will provide you with the location and contact information of a local lab near you.

STEP TWO: SCHEDULE YOUR APPOINTMENT

One week after receiving your confirmation email from Customer Service, call the local lab identified to determine when to attend your appointment. This will allow enough time for you to receive your paperwork at your address and the lab location to receive the lab supplies. Keep in mind that morning appointments are preferable, since you are encouraged to fast.

STEP THREE: PREPARE FOR YOUR APPOINTMENT

For the most accurate results, you are encouraged to fast for a minimum of 9-12 hours which means consuming nothing but water. Please take all of your regular prescriptions as directed by your medical health care provider. Bring your paperwork (client specification sheet) sent to you by our laboratory partner, Medtox, about your clinic visit with you along with your state issued photo ID card. You’ll need to show both of these upon arrival at the lab.

STEP FOUR: ATTEND YOUR APPOINTMENT –

At your appointment, the laboratory professional will:

- Perform a blood draw
- Measure your blood pressure
- Measure your height and weight

RECEIVE YOUR RESULTS

Within **two weeks** after attending your appointment, you will receive your results in the mail. Also, your results will be merged with your health assessment results at www.portal.hfit.com/ariseetf. For questions or concerns with this process, please contact HealthFitness Customer Service at 888-772-7734 and select option 1.



REMOTE SCREENING REQUEST FORM
Arise Health Plan ACCOUNT NUMBER: 4260832

To participate in a Remote Screening, complete the information below and email the form to customerservice@hfit.com or fax it to 1-866-698-9924. HealthFitness will contact you within **one week** after receipt of your request to provide information about your local lab so that you may call to determine when to attend your appointment.

Name: _____ E-mail Address: _____

Home or Work Address: _____

City/State/Zip: _____

Preferred Phone: _____ Alternate Phone: _____

To be completed by HealthFitness/Medtox:

Collection Location: _____

Contact: _____

Phone: _____ Fax: _____

Supply Order # _____ Ship Date: _____