



In 2015 you can earn a \$150 incentive for completing your biometric health screening and health risk assessment questionnaire*.

Your path to better health begins with knowing your numbers—the ones that count the most. Blood pressure, cholesterol (HDL/LDL ratio), blood sugar, and body mass index numbers are key indicators of your risk for major illness. All State of Wisconsin employees, annuitants, spouses, and dependents over 18 insured through WPS are eligible to participate in biometric health screenings and the health risk assessment between January 1st, 2015 and November 30th, 2015.

Your biometric health screening can be completed by visiting with your medical care provider or attending a Well Wisconsin screening. Check the <http://wellwisconsin.wi.gov/My-Assessment> website for a schedule of Well Wisconsin screenings and registration information. Visit www.portal.hfit.com/wpsetf to learn more about your screening options and download important forms that need to be submitted in order to qualify for your incentive. Follow the steps below to begin or call **1-888-772-7734** if you have any questions or prefer to have the necessary forms mailed to your home.

Step 1

Schedule and attend your biometric health screening by attending an onsite event through the Well Wisconsin website or visiting with your physician. Be sure to submit the necessary form (alternative means screening form) if you choose to work with your physician. This form is available on the portal listed below.

Step 2

Visit www.portal.hfit.com/wpsetf.

Step 3

Click the **LOGIN** link and follow instructions as prompted.

Step 4

After you log into the portal, click the HEALTH ASSESSMENT link on the home page. The Health Assessment is necessary to complete in addition to collecting and submitting your biometric values.

We recognize that good health is key to your ability to make the most of your life—at work and at play. We strongly encourage you to participate in the WPS Wellness program, and take your first little step toward better health.

Be well,
Your WPS Wellness Team

*Your employer is required to report health plan rewards issued to you and your enrolled family members as taxable income. WPS Health Insurance is required to report reward payment informative to your employer. Health information is protected by federal privacy laws and will not be shared with your employer

