

Please note: This list of services is NOT applicable to 65Plus members. Please refer to your 65Plus Policy, Preventive Health Service section, for details on your covered benefits.

Health Tradition Health Plan follows US Preventive Services Task Force guidelines. For a complete list of preventive services, please see www.healthcare.gov/preventive-care-benefits. It is recommended that you also refer to your Certificate of Coverage for additional information. The Certificate of Coverage will prevail if there are any inconsistencies between this document and the Certificate of Coverage.

Each of the services listed is offered as a preventive care service payable at 100 percent per calendar year unless otherwise specified. For Affordable Care Act (ACA) mandated counseling, the Plan allows three visits per mandated service. Each calendar year is treated as a separate benefit period so services do not necessarily need to be scheduled exactly a year apart. Any additional tests or frequency beyond the benefits listed may be subject to deductible, co-insurance, and/or copayments. Your provider may initially or periodically provide these services for purposes of diagnosis and/or monitoring of a condition.

If you have a point-of-service plan, preventive services must be provided by an in-network provider to be payable at 100% unless your plan has a rider specifying otherwise. Refer to your Summary of Benefits and Coverage for additional information. You may be responsible for some or all of the costs of preventive services if obtained from an out-of-network provider.

Children less than 18 years old	Autism screening
	Cholesterol screening
	Fluoride supplements for children who don't have fluoride in their water, when prescribed by a health care provider
	Hemoglobin or Hematocrit screening (one per year through age 10)
	Iron supplements (for children 6 to 12 months at risk for anemia), when prescribed by a health care provider
	Lead screening (one per year through age 6)
	Newborn Screening <ul style="list-style-type: none"> • Hearing test (Evoked otoacoustic emissions) • Hemoglobinopathies or sickle cell disease • Thyroid disorder • PKU • Expanded newborn blood screening
	Routine immunizations and TB skin testing
	Routine well child physical, hearing and eye exams
	Sexually transmitted infection (Gonorrhea, Chlamydia, HPV, HIV, Syphilis) screening

Adults 18 years and older	Abdominal aortic aneurysm one-time screening for men aged 65 to 75 who have ever smoked
	Aspirin to prevent cardiovascular disease for men and women of certain ages, when prescribed by a health care provider
	Breast cancer risk assessment and genetic testing for women at higher risk of breast cancer
	Breast cancer screening (mammogram; women age 40 to 75)
	Cervical cancer screening (Pap smear; starting age 21)
	Cholesterol screening
	Colorectal cancer screening (age 50 to 75): one of the following: <ul style="list-style-type: none"> • Fecal occult blood testing annually, with or without flexible sigmoidoscopy, every 5 years • Barium enema and flexible sigmoidoscopy every 5 years • CT colonography every 5 years • Colonoscopy every 5 years • Fecal immunochemical test annually
	Colorectal cancer screening < age 50 if there is a family history of colon cancer <i>Please reference Certificate of Coverage for further details</i>
	Contraception for women, including elective sterilization
	Diabetes screening
	Domestic violence screening and counseling
	Folic acid for women up to age 50, when prescribed by a health care provider
	Hepatitis C screening once for adults born between 1945 and 1965
	HPV DNA test every three years for women, or as clinically indicated
	Lung cancer screening (low dose CT; ages 55 to 80 with certain risk factors)
	Osteoporosis screening (DEXA) for women (age 60 and older) every two years
	Pregnant women <ul style="list-style-type: none"> • Anemia screening • Bacteruria screening • Breastfeeding counseling; support, pump and supplies • Sexually transmitted infection (Gonorrhea, Chlamydia, HIV, Syphilis) screening • Gestational diabetes screening • Hepatitis B screening • Rh incompatibility screening • Tobacco use counseling • Prenatal exams
	PSA (men starting at age 40)
	Routine immunizations and TB skin testing
	Routine well adult physical, hearing and eye exams
	Sexually transmitted infection (Gonorrhea, Chlamydia, HIV, Syphilis) screening